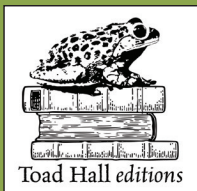
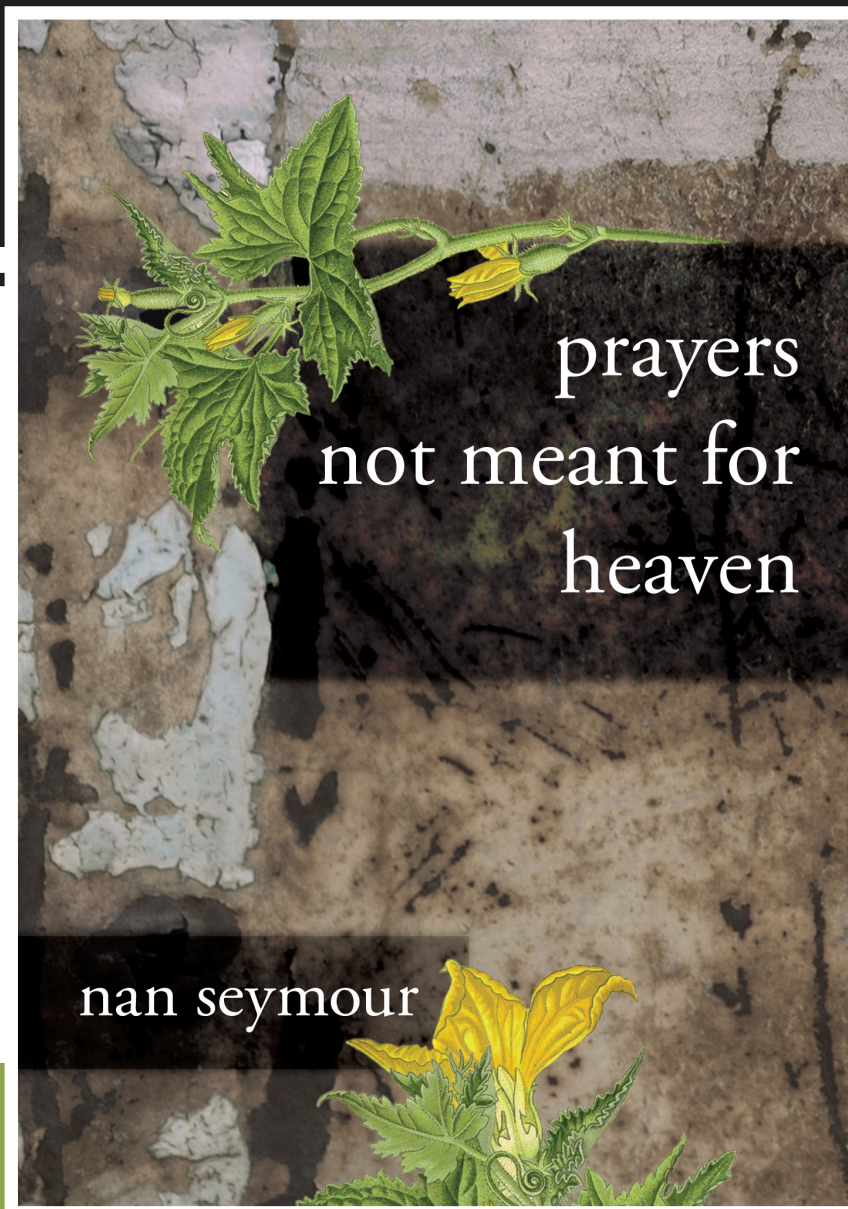


prayers not meant for heaven

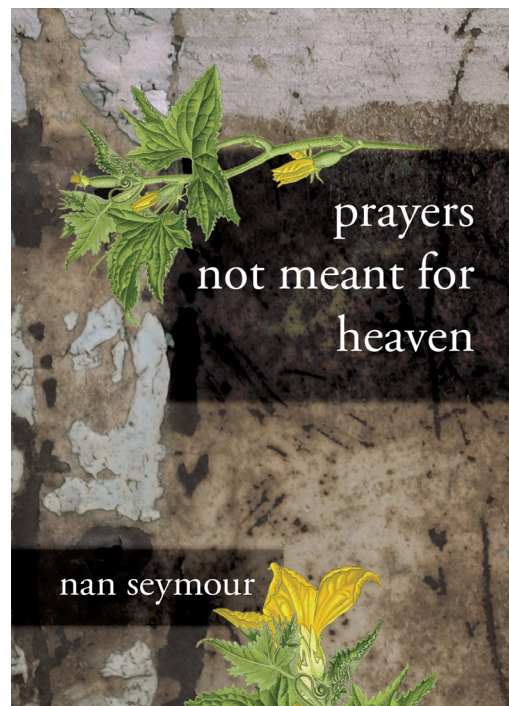
Media Kit



ABOUT THE BOOK

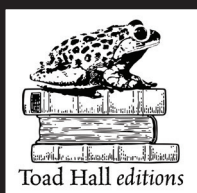
Nan Seymour's poems read like tinctures, dissolving in our mouths as we read, spreading both outward and inward, infusing us with hope and humility and healing.

The poems in *prayers not meant for heaven* infuse us with an intensity of feeling that sneaks in without theater. The lines are a fingertip of touch that glaze us with a quiet depth of connection and a spirited aliveness that a more heavy-handed prayer book, lifted from oaken pews, cannot. These prayers are not meant to ascend, but travel along the earth like vines and leave us more radically connected, more lovingly and knowingly intertwined.

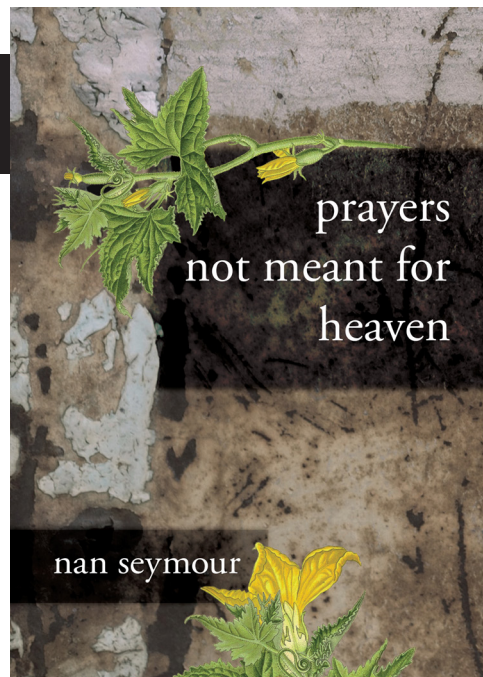


“These are the prayers we most need right now—prayers for courage, accountability, awe and uncertainty. Poem prayers that link us more deeply to each other and the miraculous world we inhabit. Spare prayers as essential as bone. Through the brittle, the failed, the broken, Nan Seymour’s love of life shines through.”

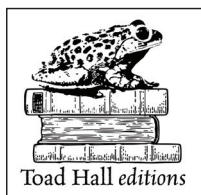
—[Rosemerry Wahtola Trommer](#), author of *Hush* and *Naked for Tea*



DETAILS



- Title:** *prayers not meant for heaven*
- Author:** Nan Seymour
- Page count:** 50
- Genre:** Poetry
- Publisher:** [Toad Hall Editions, Northport, ME](#)
- Pub Date:** July 2021
- ISBN:** 978-1-7369925-2-4
- Price:** \$15.00
- Format:** Perfect Bound
- Trim Size:** 5" x 7"
- Where to Buy:** [Toad Hall Editions website](#)



ABOUT THE AUTHOR

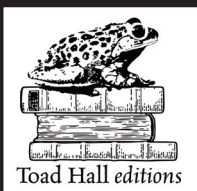


photo by [Alex Adams Photography](#)

An unabashedly queer descendent of Utah pioneers, Nan Seymour is deeply smitten with life in all forms, including scrub oak forests, vultures, and wild violets. Years ago she created River Writing, a community-held writing practice, to foster voice and encourage authentic connection. The practice also resists the tyranny of perfectionism and breaks through walls of isolation.

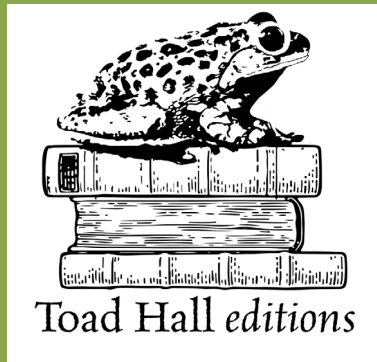
She is devoted to community and dares to hope that our collective participation in human evolution is helping to tip the balance of the cosmos towards kindness and even love.

Find her at nanseymour.com.



toadhalleditions.ink

FOR IMMEDIATE RELEASE
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Midcoast Maine's new small press Toad Hall Editions publishes Utah poet's debut collection

Northport, ME 7/5/2021: Toad Hall Editions is thrilled to announce that their next title, *prayers not meant for heaven* by Utah poet, Nan Seymour, is set for release this month. As the foreword reads: "Nan's poems read like tinctures, dissolving in our mouths as we read, spreading both outward and inward, infusing us with hope and humility and healing. The lines are a fingertip of touch that glaze us with a quiet depth of connection and a spirited aliveness that a more heavy-handed prayer book, lifted from oaken pews, cannot."

According to Seymour, "These prayers are not meant to ascend, but travel along the earth like vines and leave us more radically connected, more lovingly and knowingly intertwined."

Nan Seymour, a descendent of Utah pioneers, facilitates writing experiences through her River Writing collective in Salt Lake City. She's led writing and storytelling workshops for cancer survivors, high school students, unsheltered writers, and survivors of domestic violence. This is her debut collection of poetry, and the second release from Toad Hall Editions, a Mid-coast Maine small press founded by Amy Tingle, Liz Kalloch, and Maya Stein in March 2021.

Located in mid-coast Maine, Toad Hall Editions is a women-owned and women-run small press whose mission is to publish potent and thought-provoking work by women and gender-diverse authors and create and deepen community by dedicating more space to voices and stories that for too long have lived in the margins. For more information visit toadhalleditions.ink

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If you would like more information about *prayers not meant for heaven*, please contact: Amy Tingle at 201.259.9801 or hello@toadhalleditions.ink

Reviews for *prayers not meant for heaven*

These are the prayers we most need right now—prayers for courage, accountability, awe and uncertainty. Poem prayers that link us more deeply to each other and the miraculous world we inhabit. Spare prayers as essential as bone. Through the brittle, the failed, the broken, Nan Seymour’s love of life shines through.

—[Rosemerry Wahtola Trommer](#),
author of *Hush* and *Naked for Tea*

“I urge you to pick up Nan Seymour’s prayers not meant for heaven, a small but mighty book that comes welcome as rain during a prolonged drought. In fact, as I made my way through this quietly stunning debut collection, I continuously had a sensation of something in me being quenched, something that I hadn’t even realized was so thirsty for the kind of nourishment only poems—and perhaps sunlight and water—can bring.”

—[Jena Schwartz](#), author, writing coach,
lover of words and humanity since 1974

In a world of commerce and confusion and often reaching for the wrong thing, it’s poetry we must turn to—over and over—the language of beauty and heartbreak that cracks us open and which reminds us—especially when we feel lost—that we are still here, and that we have a job to do—which is to live in praise, awakening and humility.

Thank goodness for the work of Nan Seymour, a poet who has the courage to journey to the land of broken and beautiful things, a writer who has sacrificed her protective coating, and has allowed herself to be stung by the pain of a ravaged world. These prayers are her gift to us, a reminder of our alliance with one another, with the planet, and with ourselves. There is forgiveness and hope on every page.

—[Laurie Wagner](#), 27 Powers

